

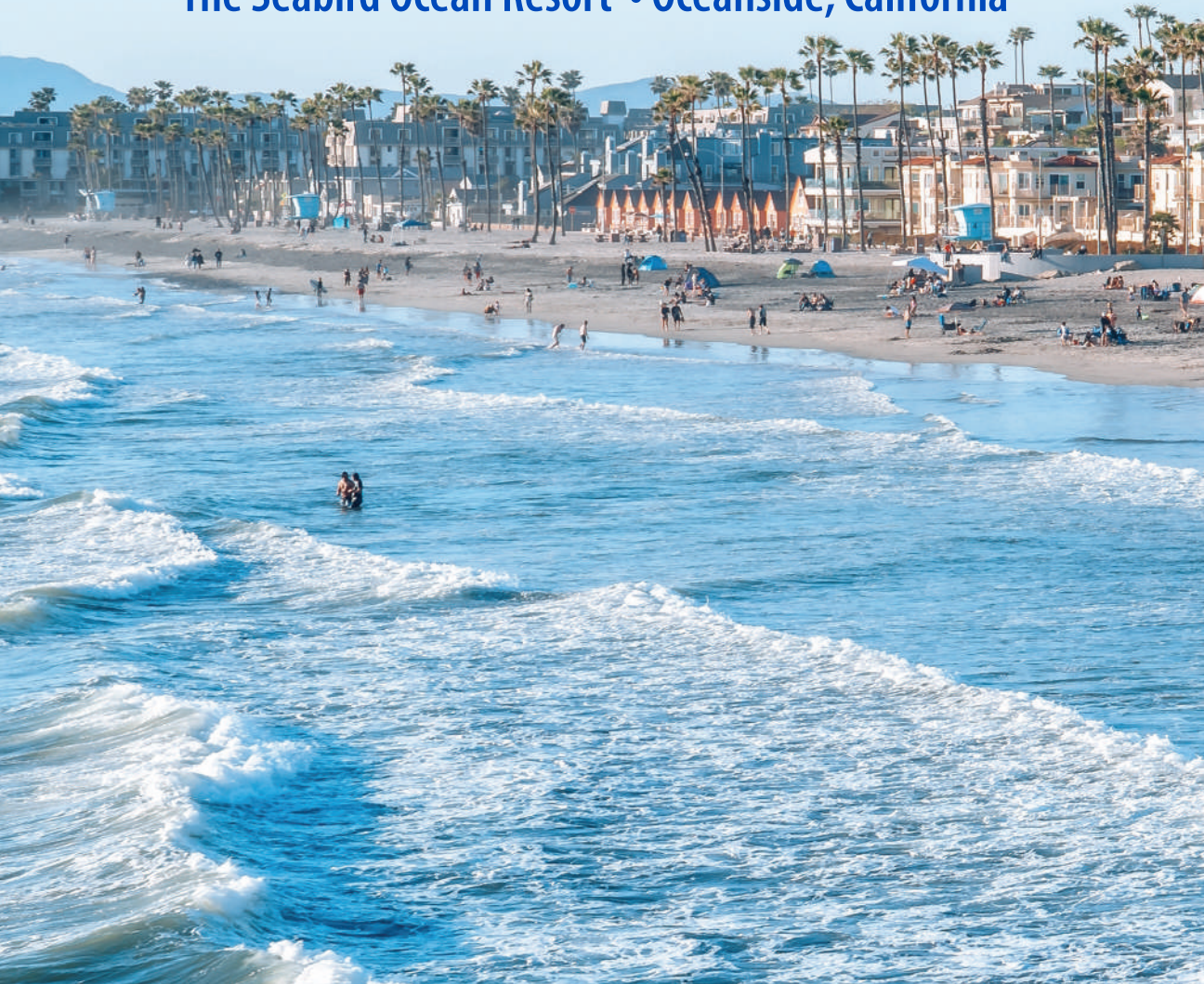


# Primary Care Summer Conference

**MEDICAL SPECIALTIES FROM THE PRIMARY CARE PERSPECTIVE**

**August 14-16, 2026**

**The Seabird Ocean Resort • Oceanside, California**



**S**cripps Health's Primary Care Summer Conference is designed for primary care physicians and the interdisciplinary care team, offering a unique perspective on various therapeutic areas. Topics will include AI in health care, infectious diseases, ophthalmology, diabetes management, back and neck pain, rheumatology updates, and more. In addition, this year's course will devote a full day to key women's health topics, including menopause treatment and management, reproductive psychiatry, cardiovascular disease in women, and female sexual dysfunction. This CME conference aims to enhance patient outcomes in primary care by providing practical, patient-focused content. Attendees will gain insights into the history and current science of multiple specialties, tailored to address the specific challenges of primary care practices and physician leaders.

### **Educational Objectives**

**Upon completion of this activity, participants should be able to:**

- Review current and emerging evidence in key therapeutic areas relevant to primary care.
- Incorporate practical approaches to manage infectious diseases, rheumatologic conditions, diabetes management, back and neck pain, and other common disorders.
- Assess the opportunities and challenges of AI in health care and its relevance to primary care practice.
- Improve recognition and management of priority women's health conditions, including menopause, reproductive psychiatry, cardiovascular disease in women, and female sexual dysfunction.
- Strengthen interdisciplinary and patient-centered approaches that improve outcomes in primary care.



# Faculty

## Course Director

**Michael Van Buskirk, MD, ABFM**  
Voluntary Clinical Professor Family and Preventive Medicine  
University of California, San Diego  
Senior Consultant, Scripps Clinic Medical Group  
Chairman, Department of Family Medicine  
Scripps Clinic  
Encinitas, California

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## Conference Faculty

**Kavitta Allem, MD**  
Rheumatology Fellowship  
Program Director  
Associate Professor of Medicine  
Scripps Clinic  
Oceanside, California

**Simerjeet Brar, MD**  
Psychiatrist  
Women's Reproductive Mental  
Health Program  
UC San Diego Health  
La Jolla, California

**James Bruffey, MD**  
Chairman, Department of  
Orthopedic Surgery  
Clinical Associate Vice President,  
Surgery Services  
Scripps Clinic Medical Group  
Orthopaedic Surgeon, Scripps Clinic  
La Jolla, California

**Andrew Camp, MD**  
Assistant Professor,  
Shiley Eye Institute  
University of California, San Diego  
Ophthalmologist  
Scripps Clinic  
San Diego, California

**Joel Diamant, MD, MACP**  
President, Scripps Clinic Medical  
Group  
Department of Internal Medicine  
Scripps Clinic  
La Jolla, California

**Katrina Kelly, MD**  
Obstetrics and Gynecology  
Scripps Clinic  
San Diego, California

**Matthew Levine, MD, FACE**  
Endocrinology Fellowship  
Program Director  
Scripps Clinic/Scripps Green Hospital  
La Jolla, California

**Michael Preziosi, MD**  
DIO of Graduate Medical Education  
Scripps Clinic/Scripps Green Hospital  
Associate Clinical Professor of  
Medicine  
Scripps Clinic Medical Group  
La Jolla, California

**Shane Thielman, FACHE,  
CHCIO, CDH-E**  
Corporate Senior Vice President  
Chief Information & Digital Officer  
Scripps Health  
La Jolla, California

**Poulina Uddin, MD**  
Director, Scripps Women's  
Heart Center  
General and Invasive Cardiology  
Integrative and Holistic Medicine  
Scripps Mercy Hospital San Diego  
Scripps Clinic  
La Jolla, California

**Alyssa Yee, MD, FSMSNA**  
Sexual Medicine Physician and  
Reconstructive Urologist  
Scripps Clinic  
La Jolla, California

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## Faculty Disclosure

*In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. A complete listing of faculty and their disclosures for this program can be found on the course website.*

# Conference Agenda

## Friday, August 14, 2026

- 7 a.m. Registration, Breakfast & View Exhibits
- 7:50 a.m. **Welcome & Educational Overview**  
*Michael Van Buskirk, MD*
- 8 a.m. **The Role of AI in Health Care**  
*Shane Thielman, FACHE, CHCIO, CDH-E*
- 9 a.m. **Emerging Infectious Diseases**  
*Michael Preziosi, MD*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Non-Insulin Agents for Type 2 Diabetes**  
*Matthew Levine, MD*
- 11:30 a.m. **Crystal Disease: Uncommon and Under-Recognized**  
*Kavitta Allem, MD*
- 12:30 p.m. Adjourn

## Saturday, August 15, 2026

- 7 a.m. Breakfast & View Exhibits
- 7:55 a.m. **Morning Announcements**
- 8 a.m. **Primary Care Insights: A Year in Review—Key Literature Highlights**  
*Joel Diamant, MD*
- 9 a.m. **Managing Common Eye Conditions in Primary Care**  
*Andrew Camp, MD*
- 10 a.m. Break & View Exhibits

10:30 a.m. **TBC**

- 11:30 a.m. **Orthopedic Insights: Managing Back, Neck, and Spine Pain**  
*James Bruffey, MD*
- 12:30 p.m. Adjourn

## Sunday, August 16, 2026

- 7 a.m. Breakfast & View Exhibits
- 7:55 a.m. **Morning Announcements**
- 8 a.m. **Modern Approaches to Menopause: An Update on Treatment Strategies**  
*Katrina Kelly, MD*
- 9 a.m. **Reproductive Psychiatry in Primary Care: From Pregnancy to Menopause**  
*Simerjeet Brar, MD*
- 10 a.m. Break & View Exhibits
- 10:30 a.m. **Cardiovascular Disease in Women: Unique Risks, Presentation, and Management**  
*Poulina Uddin, MD*
- 11:30 a.m. **Female Sexual Function: Sex, Androgens, and Vulvar Health**  
*Alyssa Yee, MD*
- 12:30 p.m. Final Adjournment

*Topics, times, order of talks, and speakers are subject to change*

## Accreditation, Maintenance of Certification and Disclosure

### Physicians

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Health designates this activity for a maximum of 12 *AMA PRA Category 1 Credit(s)*.™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

### American Academy of Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

### American Osteopathic Association

CME activities approved for AAFP credit are recognized by the AOA as equivalent to AOA Category 2 credit.

### Nurses and Nurse Practitioners

The American Nurses Credentialing Center, American Academy of Nurse Practitioners Certified Program (AANPCP) and the American Association of Nurse Practitioners (AANP) accept *AMA PRA Category 1 Credit(s)*™ issued by organizations accredited by the ACCME.

### Physician Assistants

NCCPA accepts *AMA PRA Category 1 Credit(s)*™ from organizations accredited by the ACCME.

### Pharmacists

The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit(s)*.™

### American Board of Internal Medicine (ABIM)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: [www.accme.org/standards](http://www.accme.org/standards)

# Conference Location & Hotel Information

The Seabird Ocean Resort • 101 Mission Ave. • Oceanside, California 92054  
Hotel Direct: 760-512-3600

Please make your own hotel reservations and request the Scripps course reduced rate of \$359 per night (plus tax and resort fee). **A block of rooms is being held for us at the special rate of \$359 per night until Thursday, July 23, 2026, or until the room block fills, whichever comes first.** After this date, reservations will be accepted on a space and rate availability basis only. Visit the course website for a link to reserve a discounted room. Attendees who book their room through an online, third-party service are not eligible for room block concessions including discounted resort fee and overnight parking.

## Register Online

	Thru Jun 30	Jul 1-Aug 11	After Aug 11
Physicians (MD, DO, MBBS)	\$550	\$600	\$650
Scripps Physician*	\$450	\$500	\$550
RN, NP, PA, Others	\$375	\$425	\$475
Scripps RN, NP, PA, Others*	\$275	\$325	\$375
Students, Residents, Fellows**	\$250	\$300	\$350



\*Must use a valid Scripps email address when registering.

\*\*To receive the student, resident, fellow registration discount code, please email or call Scripps CME and provide proof of your status.

### Attendee Cancellation, Substitution and Refund

The course tuition is refundable, minus a \$100 processing fee (MD, DO, RN, PA, NP) or a \$50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday, July 31, 2026**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, July 31, 2026**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

### Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this course, in which case a full refund of

the registration fee will be provided. Attendees who purchase non-refundable airline tickets do so at their own risk. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

### Family and Guest Attendance Policy

All course activities and meals are exclusively reserved for paid course attendees. Children and family members are not allowed to attend meal functions or permitted in the meeting space.

### Recording and Photography Clause

Scripps reserves exclusive rights to record (audio and video) and/or photograph all course proceedings for use in marketing materials, presentations and course content sales.

## Refer A Friend And Receive Up To 15% Off Your Registration

Register and refer a friend who also registers and both of you will receive 15% off the prevailing registration rates. Each of you will be charged the full registration fee until your friend(s) register and pay for the conference. There is no limit to the number of friends you refer, however, 15% is the maximum discount you will receive on the prevailing registration rate. This offer cannot be combined with any other offers or discounts.

To receive your discount please email [med.edu@scrippshealth.org](mailto:med.edu@scrippshealth.org) with the names of your referrals and a credit will be applied to all applicable accounts. Please note that the referral discount does not apply to the already discounted Students, Residents, Fellows rate and is not available for those participants who register after August 11, 2026.



**Scripps Health CME**

10790 Rancho Bernardo Rd., 4S-211

San Diego, CA 92127

[www.scrippscme.org](http://www.scrippscme.org)

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