Scripps Health CME
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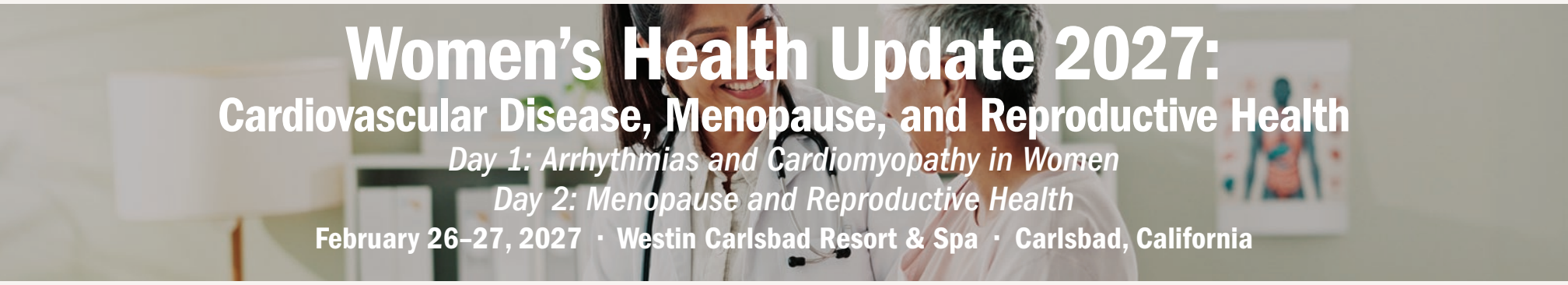

Women's Health Update 2027:
Cardiovascular Disease, Menopause, and Reproductive Health
Day 1: Arrhythmias and Cardiomyopathy in Women
Day 2: Menopause and Reproductive Health
February 26–27, 2027 · Westin Carlsbad Resort & Spa · Carlsbad, California

Scan for agenda and speaker details

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Educational Objectives

Upon completion of this activity, participants should be able to:

- Identify sex-specific cardiovascular risk factors, clinical presentations, and disparities in care that influence the prevention, diagnosis, and management of cardiovascular disease in women.
- Apply evidence-based approaches to evaluate and manage common and under-recognized cardiovascular conditions in women, including arrhythmias, atrial fibrillation, hypertension, dyslipidemia, MINOCA, microvascular disease, spontaneous coronary artery dissection, and HFpEF.
- Incorporate individualized cardiovascular prevention strategies, including risk assessment, coronary artery calcium scoring, obesity management, and appropriate use of GLP-1 therapies, into care for women across the lifespan.
- Evaluate the physiologic, metabolic, cardiovascular, and quality-of-life effects of menopause and use current evidence to guide individualized menopause management, including menopausal hormone therapy when appropriate.
- Develop multidisciplinary management plans for common menopause- and reproductive health–related concerns, including osteoporosis, genitourinary syndrome of menopause, migraines, pelvic floor disorders, vulvar conditions, and menopause in patients with endometriosis or uterine leiomyomata.

Register Online

	Thru Jan 25	After Jan 25
Physicians (MD, DO, MBBS)	**$400**	**$450**
Scripps Physician*	**$300**	**$350**
RN, NP, PA, Others	**$275**	**$325**
Day Rate (Fri/Sat)	**$225**	**$275**
Scripps RN, NP, PA, Others*	**$200**	**$250**
Students, Residents, Fellows**	**$100**	**$150**

***Must use a valid Scripps email address when registering.*
****To receive the student, resident, fellow registration discount code, please email or call Scripps CME and provide proof of your status.*

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Course Overview

The Scripps Women's Health Update: Cardiovascular Disease, Menopause and Reproductive Health symposium provides clinicians with current, evidence-based strategies to address conditions that are unique to women or that present, progress, and respond to treatment differently in women than in men. The activity is designed to improve the recognition, prevention, diagnosis, and management of cardiovascular disease, menopause-related conditions, and reproductive health concerns. Through practical, patient-centered education, this symposium will help clinicians provide more equitable, comprehensive, and personalized care for women with cardiovascular, menopausal, and reproductive health concerns.

Course Directors

Heather Doherty, MD
Internal Medicine
Scripps Clinic
San Diego, California

Poulina Uddin, MD
Director, Scripps Women's Heart Center
General and Invasive Cardiology
Integrative and Holistic Medicine
Scripps Mercy Hospital San Diego
Scripps Clinic
La Jolla, California

Faculty Disclosure

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, course directors, planners, moderators, faculty, and all others in control of the educational content of the continuing education activity must disclose all financial relationships with ineligible companies that they may have had within the past 24 months. If an individual refuses to disclose financial relationships, they will be disqualified from being a part of the planning and implementation of the activity. Owners and/or employees of an ineligible company with business lines or products relating to the content of the activity will not be permitted to participate in the planning or execution of any accredited program. All relevant financial relationships with ineligible companies listed for individuals in control of content have been mitigated. ***A complete listing of faculty and their disclosures for this program can be found on the course website.***

Attendee Cancellation, Substitution, Refund

The course tuition is refundable, minus a $100 processing fee (MD, DO, RN, PA, NP) or a $50 processing fee (Students, Residents, Fellows), if your cancellation is received in writing no later than **Friday, February 12, 2027**. Attendee substitutions are allowed, but notification must be made in writing by **Friday, February 12, 2027**. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." No refunds shall be made for cancellations due to inclement weather.

Scripps Course Modification or Cancellation

Scripps reserves the right to modify the course's schedule or program as necessary. Scripps also reserves the right to cancel this course, in which case a full refund of the registration fee will be provided. Scripps encourages the purchase of travel insurance as we are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Accreditation, Maintenance of Certification, and Disclosure

Scripps Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Maintenance of Certification (MOC) points for members of the American Board of Internal Medicine (ABIM) will also be offered. Visit the course website for credit details.

Commercial Support

This course may be supported, in part, by educational grants from industry. In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, a complete list of commercial support received will be provided to all learners who participate in the continuing education activity. For more information: www.accme.org/standards.

Agenda

Friday, February 26, 2027
Session I: Arrhythmias and Cardiomyopathy in Women

6:45 a.m.	Registration, Breakfast & View Exhibits
7:55 a.m.	**Welcome & Educational Overview**
8 a.m.	**Arrhythmias, Palpitations & Stress**
8:30 a.m.	**Cardiovascular Disease in Women**
9 a.m.	**MINOCA/Microvascular Disease**
9:30 a.m.	Break & View Exhibits
10 a.m.	**Atrial Fibrillation in Women**
10:30 a.m.	**Gender Disparities in Cardiac Device Selection**
11 a.m.	**Spontaneous Coronary Artery Dissection**
11:30 a.m.	**Panel Discussion/Q&A**
Noon	Lunch
1 p.m.	**Cardio-Obstetrics**
1:30 p.m.	**Dyslipidemia, CA Score and Prevention**
2 p.m.	**Hypertension Management**
2:30 p.m.	Break & View Exhibits
2:45 p.m.	**Cardio-Oncology**
3:15 p.m.	**She has HFpEF**
3:45 p.m.	**Obesity Management and GLP-1s**
4:15 p.m.	**Menopausal Hormone Therapy**
4:45 p.m.	**Panel Discussion/Q&A**
5:15 p.m.	Adjourn

Saturday, February 27, 2027
Session II: Menopause and Reproductive Health

6:45 a.m.	Breakfast & View Exhibits
7:55 a.m.	**Welcome & Educational Overview**
8 a.m.	**History of Menopause Management in the U.S.**
8:15 a.m.	**Update on Menopause Management**
8:45 a.m.	**Cardiovascular Disease and Menopause**
9:15 a.m.	**Panel Discussion/Q&A**
9:30 a.m.	Break & View Exhibits
10 a.m.	**Metabolic Effects of Menopause and Weight Management**
10:30 a.m.	**Wellness in Menopause: Muscle Recovery for Women in Midlife**
11 a.m.	**Osteoporosis Prevention and Management**
11:30 a.m.	**Menopause and Migraines**
Noon	**Panel Discussion/Q&A**
12:15 p.m.	Lunch
1:15 p.m.	**Management of Menopause in Patients with Endometriosis and Uterine Leiomyomata**
1:45 p.m.	**Genitourinary Syndrome of Menopause**
2:15 p.m.	**Lichen Sclerosus Et Atrophicus: Vulvar Dermatoses and Hair Loss in Females**
2:45 p.m.	**Non-Surgical Management of Pelvic Floor Disorders in Menopausal Patients**
3:15 p.m.	**Panel Discussion/Q&A**
3:30 p.m.	Adjourn

Topics, times and speakers are subject to change

Course Location & Hotel Information

The Westin Carlsbad Resort
5480 Grand Pacific Dr.
Carlsbad, California 92008
Hotel Direct: 760-827-2800
Visit the course website for details and a link to reserve a discounted room.